

# Rhode Island Department of Health Chronic Disease Self-Management Education Program Grantee



## Goals, Strategies, and Activities

The purposes of this three-year grant are to:

- Significantly increase the number of participants in evidence-based self-management education and support programs; and
- Implement innovative funding arrangements to support the proposed programs, while embedding the programs into an integrated, sustainable program network.

Rhode Island Department of Health (RIDOH) and its partners will:

- Significantly increase the number of older adults and adults with disabilities in underserved areas *and populations* who participate in Chronic Disease Self-Management Education (CDSME) programs;
- Implement innovative funding arrangements with one or more sustainability partners; and
- Expand the *Own Your Health Collaborative*, Rhode Island's integrated evidence-based program network working towards growing and sustaining CDSME.

## Proposed Interventions

- Chronic Disease Self-Management Program
- Tomando Control de su Salud
- Diabetes Self-Management Program
- Programa de Manejo Personal de la Diabetes
- Chronic Pain Self-Management Program

## Partnerships

To achieve the goals of the grant, RIDOH will collaborate with the following key partners:

- Rhode Island Division of Elderly Affairs
- Rhode Island Executive Office of Health and Human Services
- Rhode Island State Innovation Model/ Office of the Health Insurance Commissioner
- Three agencies for independent living
- Community partners within health equity zones

Prevention and Public Health Fund 2017, effective August 1, 2017



## Anticipated Results

RIDOH and its partners propose to achieve the following results:

- Expand program access to 17 of the 38 cities and towns in Rhode Island, which contain 75% of the target audience;
- Establish 15-25 new delivery system partners;
- Enroll 5,086 participants in the proposed interventions; and
- Achieve an 84% retention rate for a total of 4,255 participants that attend at least 4 of the 6 workshop sessions.

### Contact:

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### For more information:

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[Administration for Community Living website](#)

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